

Two Sided Binding

1. Measure the perimeter of your quilt in inches, add 20, divide by 40 and round up.
For example, if your quilt is 50" x 70"

$$(50+70+50+70+20)/40 = 260/40 = 6.5 \rightarrow 7$$

2. Cut this number of 1" strips (width of fabric) for the front of your quilt, and the same number of 2" strips for the back.
3. Join the 1" strips at a 45° angle to create one long continuous strip. Do the same with the 2" strips.
4. Sew the two long strips right sides together with a ¼" seam.
5. Press the seam allowance toward the 1" strip.
6. Fold the binding in half lengthwise, wrong sides together and press.
7. Leaving a 10" tail, place the binding on the front of your quilt with the 1" strip facing down.
8. Sew with ¼" seam allowance, mitering corners.
9. Join the ends of the binding using your favorite method.
10. Fold the binding on the seam line and press.
11. Blind stitch to the back of the quilt.